



Your 4 Steps To Choosing a College Major

Step 1

Reflect on Interests & Passions

Reflect on your interests and passions. Consider subjects and activities that you genuinely capture your attention.

Step 2

Assess Strengths & Weaknesses

Consider the subject areas that you have the most strengths in and how those align to a particular career. Be holistic and realistic.

Step 3

Explore Career Paths & Leverage Career Assessments

Explore a variety of career pathways through robust research, discussions, and career assessments to see what options are out there and what fit you best.

Step 4

Provide Long-Term Guidance & Encourage Flexibility

Consider how a major/career will be in the long term. Understand that your interests and goals may evolve and how you can leverage your skills for new possibilities.